

RESOURCES FOR FAMILIES TO ADDRESS 2020 SOCIAL CLIMATE



[Talking to Children After Racial Incidents](#) A thoughtful article to guide parents.
From the University of Pennsylvania Graduate School of Education



[Racism and Violence: How to Help Your Children Handle the News](#)
How to support your children in scary times - from the Child Mind Institute.



[Talking to Children About Racism and Public Protests](#) by James Wellborn ~ As if COVID-19 wasn't enough, a long overdue reckoning about racism and the militarization of police forces has exploded in our front yards. Numerous useful examples in child-friendly language included in this article.



Mental Health America **[Talking to Kids About Fear and Violence Knowing](#)** Mental Health America gives some points to consider when you may talk with your child about violence. This will play an important role in easing fear and anxieties about childrens' personal safety in these tenuous times as well as helping them to manage rising concerns.



[Your Age-by-Age Guide to Talking About Race](#) By Kara Corridan and Wanda Medina (Parents Magazine) Find out what children understand about racial differences and how to talk to them about it in our age-by-age guide.



[Sesame Street and CNN Host Town Hall to Discuss Racism with Kids](#) ~

Sesame Street is teaming up with CNN to hold a town hall addressing racism in response to protests across the globe after the death of George Floyd in Minnesota. Big Bird will join CNN's Van Jones and Erica Hill to moderate the *Coming Together: Standing Up to Racism* town hall, which will cover topics of racism, protesting, embracing diversity, and being more empathetic and understanding. *Sesame Street's* Elmo, Abby Cadabby, and Rosita will join experts to answer questions submitted by families.



[George Floyd. Ahmaud Arbery. Breonna Taylor. What Do We Tell Our Children?](#) By Alia Dastagir, USA Today

VIDEOS AND PODCASTS

[Uncomfortable Conversations with a Black Man](#) Emmanuel Acho sits down to have an “uncomfortable conversation” with white America, in order to educate and inform on racism, system racism, social injustice, rioting & the hurt African Americans are feeling today.

[The Unequal Opportunity Race](#) November 14, 2010

Don't let the fact that this video is 10 years old make you skip it. A compelling 4:08 minute video - appropriate for middle and high school students and adults. A must-watch video!



[Talking Race With Young Children](#) April 26, 2019
(NPR Parenting Difficult Conversations)
20-minute listen

COMPREHENSIVE RESOURCE LISTS

For additional resources including videos, podcasts, book suggestions and more, visit these sites:



[Talking About Race](#) From the National Museum of African American History and Culture of the Smithsonian Museum

[American School Counselor Association: Race and Equity Resources](#) A comprehensive list of resources, books, podcasts, news articles and more to guide conversations about race, racism, trauma and mental health concerns in these difficult times.



pretty good [Your Kids Aren't Too Young to Talk About Race: Resource RoundUp](#)

[30 Books to Help You Talk to Your Kids About Racism](#) by Alex Mlynek ~ Talking to your kids about racism can be tough. Here are some books to help get them thinking about it

Today's Parent

BVCSD Counseling Team

For additional resources, do not hesitate to contact any member of the BVCSD counseling team:

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