May 19, 2020

GRIFFIN GAZETTE

35

Boquet Valley's Newsletter



Budget Vote and Election

A virtual **Budget Hearing** will be held on **Tuesday**, **June 2**, **2020** at 6:00 pm for a presentation of the proposed 2020-2021 Boquet Valley Central School District budget. In accordance with Governor Cuomo's Executive Order No. 202.1, the meeting will be conducted remotely via streaming video only, with no public in-person access.

The Boquet Valley Central School District **Budget Vote and Election** is scheduled for **Tuesday**, **June 9**, **2020** - voting will be by <u>ABSENTEE BALLOT</u> only. Pursuant to Executive Order No. 202.26, all voting for the Budget Vote and Election will be done by absentee ballot such that the school district must send absentee ballots with a postage paid, return envelope to each "qualified voter". The deadline to return the absentee ballot is no later than 5:00 pm on June 9, 2020.

A qualified voter is someone who is a U.S. citizen, 18 years of age, a resident of the District for at least 30 days prior to the vote, and not disqualified by any reason set forth in NYS Election Law §5-106.

If you have not registered with the Essex County Board of Elections and you meet all qualifications to vote in the June 9 Budget Vote and Election, please contact the District Clerk Jana Atwell at jatwell@boquetvalleycsd.org or 518-962-8244 to request an absentee ballot.

Voters will be asked to vote by (absentee) ballot on the following items:

- 1. Budget to adopt the proposed annual budget for the fiscal year 2020-2021
- Board Members to elect two members to the Board of Education for three year terms commencing July 1, 2020 and expiring on June 30, 2023.
- Salt/Sand Spreader & Aluminum Trailer to authorize use of up to \$6,300 of existing reserve funds to purchase these equipment items.
- School Bus & Passenger Van to authorize use of up to \$139,000 of existing reserve funds to purchase one 65 passenger school bus and one 7 passenger van.

For more information go to www.boquetvalleycsd.org.



Contact our office to obtain a copy or take advantage of the copy on our Website! Mail return or scheduled drop offs only!

Feel free to contact our office at (518) 962-8244

Please know that our Kindergarten Screening dates/times will be provided later due to the Governor's closing of schools.





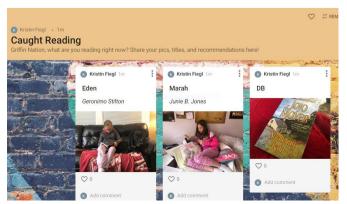
NEXT MEAL/ACADEMIC DELIVERY: WEDNESDAY, MAY 20TH

This delivery will include five breakfasts and five lunches for the days of: May 21, 22, 25, 26 & 27th

BVCS LIBRARY NEWSLETTER CLICK HERE!

Griffin Nation,

What are you reading? Where are you reading?
Follow the link to post your pics, titles, and recommendations by clicking here
(use the plus sign at the bottom right corner) or send them to Mrs. Fiegl
Thanks to the Bennett family for getting us started!



What's cookin' this week?

Dear Boquet Valley Families,
We, the cafeteria staff, hope this note finds you well and
you are enjoying these meal deliveries.
Contained within this delivery are the following
ingredients:

BREAKFAST:

Fruit:

FRUIT CUPS = 3 (4 oz) servings = 3 days

JUICE = 2 (4 oz) servings = 2 days

Protein:

2 STRING CHEESE = 2 servings = 2 days 3 HARD BOILED EGGS = 3 serving = 3 days Grain:

HOMEMADE MUFFINS = 3 servings = 3 days

1 BAGEL OR 1 ENGLISH MUFFIN = 1 serving = 1 day

GRANOLA BAR = 1 serving = 1 day

MILK = 5 servings = 5 days

LUNCH:

Protein:

TURKEY = 2 (2 oz) servings = 2 days
TACO MEAT = 2 (2 oz) servings = 2 days
PIZZA = 1 serving = 1 day / 2 days of grain also
Grain:

WRAPS = 2 servings = 2 days

RICE = 2 cup dry = 6 cups cooked = 12 (1/2 cup servings) = 12 days **This was sent with last week's delivery.

Fruit/ Vegetable:

APPLES = 2 servings = 2 days

MIXED VEGETABLE = 10 (3/4 cup) servings = 10 days

MILK = 5 servings = 5 days

SNACK MIX = extra

We are required by Child Nutrition to follow strict serving size and nutritional requirements.

We would encourage you to be creative with the items delivered to you but, please note this is 5 breakfasts and 5 lunches, per student for the for the dates of May 21ST, 22ND, 25TH, 26TH and 27th.

RICE

PREPARATION: INGREDIENTS 1 CUP RICE 2 CUPS WATER

1 Tsp BUTTER OR OIL, IF DESIRED PINCH OF SALT, IF DESIRED COOKING INSTRUCTIONS:

PLACE ALL INGREDIENTS IN A SAUCEPAN, BRING TO A BOIL. COVER AND REDUCED HEAT TO A SIMMER. SIMMER FOR 20 MINUTES. FLUFF WITH FORK.

PIZZA

INSTRUCTIONS:

Thaw, may be reheated in a microwave or oven to 165°F.

TURKEY

INSTRUCTIONS:

Thaw, may be reheated in a microwave or oven to 165°F

SERVING SUGGESTION:

May be served with a wrap or over rice.

TACO MEAT

INSTRUCTIONS:

Thaw, may be reheated in the oven or microwave to 165°F

SERVING SUGGESTION:

May be served with a wrap or over rice.

In addition, we will be sending home this week a bag of vegetables from Juniper Hill Farm in Wadhams.

We have been blessed with a \$10,000.00 grant from Adirondack Foundation and we will be using it exclusively to purchase local food!

Starting next week, we will be sending yogurt from North Country Creamery. Also, in the near future we will be purchasing local grass-fed beef from Sunset Farm in Willsboro. In the bag will be carrots, potatoes, onions and beets. Please use how you would like!

A suggestion of a great recipe for beets
Boil beets with skin on for 30 minutes.
Peel and cube. Toss with oil, salt, pepper, garlic,
chili powder and cinnamon
and roast in a 375 degree oven for 30 minutes, or
until it smells really good!

STEM Challenge 4 Make Your Own Mask!

Make a mask out of materials you have at home!





Create a design for a mask you would make if you could access any materials on the planet!

Send us a picture or video of your mask or design!





Superhero or costume masks are welcome too!

Rolling deadline. Submit your completed mask or design to Ms. Lackey, Ms. Morrow, or Mrs. Fiegl.

This challenge is meant to encourage creativity. You can choose to meet recommended safety guidelines, but do not need to.

Boquet Valley Counseling Careers, College and Counseling Series

An Audio and Video Series from the Counseling Department

What is the Career, College and Counseling Series?

This series of conversations are focused on speaking with professionals, company and college representatives to help you have a better understanding of the greater world and community we are all a part of. We are hoping you use this as a resource to learn about the different careers and opportunities that are available. These professionals have taken time out to speak to the counseling staff for the benefit of students and families.

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We also from time to time may post content where we explore a topic or resource that we hope you use to stay informed, healthy, well and opened up to discovering more than you may know today. We hope you enjoy, BVCS!

Interview#1:

This interview is with Chief Officer Kevin Packwood of the United States Customs and Border Protection Federal Agency. He is the Chief of Staff for the area port of Champlain which is obviously located right our region and he is headquartered right in Champlain, New York.



Topics Covered During the Interview, Chronologically:

- What is USCBP? - About Chief Packwood - A Day in the Life of 3 components - How to get into this field www.usajobs.gav - Challenges/Rewarding aspects - 21 of Century Essential Skills to be successful - Federal GS Levels - Salary and largest Federal Law Enforcement Agency - When he feels you should start framing out what you want to do

How can you listen?

Please click the link here, it will direct you to Google Drive where you can download the file to listen to on your device or computer: https://bit.ly/BVCSCounselingSeries

School Counselors can be reached at Counseling@boquetvalleycsd.org. Ideas for topics and interview guests are encouraged!







Early Bridges Registration It's time to think about Preschool!

The *Early Bridges* program is a collaborative partnership between Boquet Valley Central School and Adirondack Community Action Program Inc. Head Start. We have combined BVCSD and Head Start staff to provide a unique program that focuses on the whole child and his/her family. Early Bridges is available free of charge to District and/or Head Start eligible three and four-year-old children who are registered at Boquet Valley Central School District. Any child who will be three or four years old on or before December 1, 2020, that live within the merged school district is eligible for registration.

We are registering for the 2020-2021 school year. Applications are available online or can be picked up in both the Lake View and Mountain View Campuses. Upon the return of the application. The Early Bridges Family Worker, Mrs. Jolene Sayward, will review it and schedule an Early Bridges screening appointment.

What is needed to register:	What will be required before entering in fall:
 Child's Birth Certificate or Baptismal Certificate 	Completed physical formCompleted dental health form
 Immunization records 	
 Income verification 	





If you have any questions, please feel free to contact the Office of Student Support Services at 518-873-6371 or Jolene Sayward, Head Start Family Worker at 518-225-5162.







