



GRIFFIN GAZETTE

Boquet Valley's Newsletter

November 2, 2020



PE class & recess will be held outside for as long as we can. Please dress/bring the appropriate clothing!



10AM THIS TUESDAY, NOVEMBER 3RD

THE COLLEGE OFFERS 29 BACHELOR'S DEGREES, 20 ASSOCIATE DEGREES AND FIVE ONE-YEAR CERTIFICATE PROGRAMS

BOQUET VALLEY WILL BE HOSTING A VIRTUAL INFORMATION SESSION WITH SUNY CANTON. IF YOU ARE INTERESTED IN LEARNING ABOUT THIS COLLEGE, IT'S PROGRAMS AND COLLEGE IN GENERAL. EMAIL MR. PAYNE TO SIGN UP!



★ DAY ★

There will be no school Wednesday, November 11th in observance of Veterans Day.



November 2nd:

BV: Practice as usual
GV: Day off
BM: Practice cancelled
GM: Practice cancelled
X-C: Practice as usual



November 5th:

BV: Practice as usual
GV: Game vs. Lake Placid 3PM
BM: Game vs. Chazy 3PM (moved)
GM: Game @ Lake Placid 3PM
X-C: Practice as usual



November 3rd:

BV: Practice as usual
GV: Practice as usual
BM: Practice as usual
GM: Game @ Moriah 3PM
X-C: Practice as usual



November 6th:

BV: Game @ Chazy 6PM
GV: Practice as usual
BM: No Practice
GM: Game vs. Chazy 3PM (reschedule)
X-C: Practice as usual



November 4th:

BV: Game vs. Lake Placid 3PM
GV: Practice as usual
BM: Game @ Lake Placid 3PM
GM: Practice as usual
X-C: Practice as usual



November 7th:

GV: Game @ Ausable Valley 11AM
GM: Game @ Moriah 11AM (reschedule)
X-C @ Lake Placid @ Mt Van Hoevenburg

MOUNTAIN VIEW LUNCH THIS WEEK:

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|----------------|---|--|
| 2 Taco's (Beef or Bean) Brown Rice Egg Salad Sandwich PB & J Sandwich Fruit and Vegetable Milk | 3 Sweet & Sour Pork Egg Roll Brown Rice Egg Salad Sandwich PB & J Sandwich Fruit and Vegetable | 4 Bag Lunch | 5 Roasted Chicken Mashed Potatoes Egg Salad Sandwich PB & J Sandwich Fruit and Vegetable Milk | 6 Cheese Pizza Pepperoni Pizza Egg Salad Sandwich PB & J Sandwich Fruit and Vegetable Milk |

LAKE VIEW LUNCH THIS WEEK:

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|----------------|---|---|
| 2 Baked Chicken Mashed Potatoes PB&J Sandwich Fruit & Vegetables Milk | 3 Taco's (Beef or Bean) Brown Rice PB&J Sandwich Fruit & Vegetables Milk | 4 Bag Lunch | 5 Egg Salad Sandwich Tuna Salad Sandwich PB&J Sandwich Fruit & Vegetables Milk | 6 Cheese Pizza Pepperoni Pizza PB&J Sandwich Fruit & Vegetables Milk |



GET YOURSELF AND YOUR FAMILY VACCINATED!
A yearly flu vaccine is the first and most important step in protecting against flu viruses.



DON'T FORGET YOUR HEALTH SURVEY!

